

The National Gold Standards Framework (GSF) Centre CIC is the national training and coordinating centre for all GSF programmes, enabling generalist frontline staff to provide quality care for people nearing the end of life. GSF improves the quality, coordination and organisation of care leading to better patient outcomes in line with their needs and preferences and greater cost efficiency through reducing hospitalisation.

“Every organisation involved in providing end of life care will be expected to adopt a coordination process such as the GSF”
Dept Health End of Life Care Strategy 2008

“GSF...is key to thinking through and implementing high quality patient centred care at the end of life for patients with both cancer and non-cancer diagnoses”
British Medical Association QOF Guidance

Our vision

“Its about living well until you die”

Our aspiration is to deliver training and support that brings about individual and organisational transformation, enabling a ‘gold standard’ of care for all people nearing the end of life

Aims of GSF

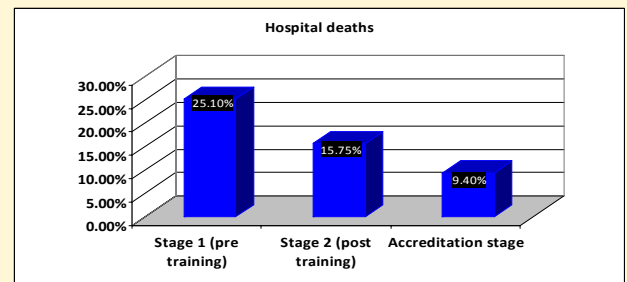
- ↑ Improve quality of care
- ↓ Decrease hospitalisation and costs
- ↑ Improve cross boundary collaboration

Benefits to Patients

- Improved quality of care
- Enabling more to live and die where they choose
- Treated as VIPs - ‘gold patients’
- Earlier identification and recognition of needs
- Empowerment and advance care planning discussions
- Fewer crises and unplanned events
- Better team coordination and cross boundary care.

Benefits to Commissioners – QIPP

Improving quality whilst saving money



Cost saving following GSF Care Homes Programme – halving hospital death and crisis admission rates, which translates into savings of about £20-40,000/home or about £1.5 m/ average PCT . Findings from GSF After Death Analysis Audits for the accredited care homes Phases 4-5 2007-9.

What we provide

GSF General Office

Helpdesk
Website
Training
Resources

Funded by the NHS
End of Life Care
Programme



GSF Training Centre

Programmes
Courses
Other tools, resource + developments

Funded directly by
commissions, PCTs etc

Cross Boundary Care using GSF



GSF is about improving the quality of care by:-

- Enabling generalist frontline staff in primary care, care homes, hospitals and other areas.
- Including all patients in final year of life with life limiting conditions in all settings, with cancer, organ failure and frail elderly including dementia.
- Improving cost effectiveness + care closer to home
- Improving cross boundary care collaboration with others and with specialists in palliative care
- Improving organisation and systems of coordination
- Focussing on patients’ needs and preferences through advance care planning
- Proactively predicting and pre-planning care

“The GSF is one of the most significant developments in the improvement of end of life care since Dame Cicely Saunders founded the hospice movement”
Penny Hansford, Director of Nursing, St Christopher’s Hospice

“GSF is the bedrock of generalist palliative care” DN Norfolk
“GSF has finally given nurses the confidence to keep their patients within the home environment.” BLESMA Care Home

How we do this


1. GSF Training Programmes

<ul style="list-style-type: none"> ▪ Primary Care - new Next Stage QIP Training Programme 	Practice based 6-9 months course, not facilitator dependent + Quality Recognition process
<ul style="list-style-type: none"> ▪ Care Homes 	9-12 month programme of interactive workshops leading to Accreditation Regional Centres + train the trainers
<ul style="list-style-type: none"> ▪ Acute Hospital 	Ward based training resources + evaluation Pilot Phase 1 underway
<ul style="list-style-type: none"> ▪ Domiciliary Care 	In preparation
<ul style="list-style-type: none"> ▪ Prisons and others 	In preparation

2. Associated End of Life Care Courses

- Clinical Skills Course for care homes staff
- GSFCH Coordinators Course
- Support Care Skills Course
- Dementia care (in preparation)
- Spiritual care (in preparation)
- Children (for 2011)

3. GSF Resources and Toolkit includes

- | | | |
|--|---|---|
| <ul style="list-style-type: none"> ▪ Identification - Prognostic Indicator Guidance (PIG) ▪ Needs Based Coding ▪ Needs Support Matrices ▪ Assessment tools eg PEPSICOLA, PACA ▪ Distress Thermometer ▪ Advance care plans and communication skills ▪ DNAR / AND guidance ▪ Out of Hours medication - Just in case boxes ▪ Factsheets, briefing papers, leaflets for patients ▪ ADA audit |  | <ul style="list-style-type: none"> ▪ Cross boundary care - passports ▪ Carers assessments and support ▪ Website ▪ GSF IT support ▪ Resources ▪ Goals of Care ▪ GSF interactive website and library ▪ Guidance Papers ▪ Nurses Pack |
|--|---|---|

"I believe GSF is one of the single greatest aids to improving end of life care, drawing together generalists and specialists to address the needs of patients and their families"

Heather Richardson, St Joseph's Hospice, East London

Use of the GSF ADA Audit tool



ADA- After Death Analysis is the online clinical audit tool that evaluates progress in end of life at patient level. It is an improvement tool to support and encourage progress, used either as a comparative (before and after training programmes) or one-off snapshot benchmark. There are currently four types of ADA: for primary care, Care Homes, hospitals (including after discharge), and the SCA - Supportive Care Analysis - for current care

The Online ADA Audit Programme is managed for The National GSF Centre by Omega, with a helpdesk IT support and automated feedback. For more information see ADA Briefing Paper or contact Omega-0845 259 3163

www.omega.uk.net or ada@omega.uk.net

Different Levels of learning and change

GSF Training Programmes are about more than training individuals, and complement clinical and e-learning courses. Through organisational change, GSF enables better team work, leading to more coordinated cross boundary care

1. Individual - staff level of learning and change
2. **Organisational - teamwork, systems, processes GSF**
3. Community - PCT, LA, hospice, wider area
4. National / regional- policy, regulation, populations.



Typical GSF Training Programme



The National GSF Centre

Working with partner organisations Omega, Walsall tPCT, University of Birmingham, St Christopher's Hospice London GSFCH Regional Centre and others

<ul style="list-style-type: none"> ▪ National Clinical Lead ▪ Lead Nurse Care Homes ▪ Programme Manager ▪ Primary care and Hospitals ▪ Admin + Project Support ▪ plus Clinical Associates and GSF Ambassadors 	<p>Prof Keri Thomas</p> <p>Nikki Sawkins</p> <p>Maggie Stobbart-Rowlands</p> <p>Helen Corner</p> <p>Emma Farquhar, Pam Poole</p>
---	--

Contact Details for the GSF Centre

Emma.farquhar@walsall.nhs.uk 01922 604524

Pam.poole@gsfcentre.co.uk 01743 367066

info@gsfcentre.co.uk

www.goldstandardsframework.nhs.uk